

## COMMUNITY NUTRITIONIST I

### NATURE OF WORK IN THIS CLASS

This is moderately complex professional nutritionist work. This position provides nutrition education, case management, and care coordination especially at maternity or pediatric primary health care clinics such as the Women, Infants, and Children (WIC) Clinic. An employee in this class also provides diet or therapeutic diet counseling for weight management of adults at family primary health care clinics or during home health care visits.

**ILLUSTRATIVE EXAMPLES OF WORK** (These examples may not list all the duties which may be assigned; any one position may not include all the duties listed.)

Provides individual client nutrition and diet counseling to medically high-risk and low risk clients by assessing nutritional needs using anthropometric, biochemical, clinical, dietary, and socioeconomic information to develop a nutrition care plan.

Plans, conducts, and evaluates group classes on nutritional needs in health and disease for clients, health care providers, and the public.

Assures and coordinates all of the client's nutrition and related health care needs as identified by the family and health care team; monitors client care follow-up recommendations as specified in the care plan, and assures that the services are delivered in a timely sequence; modifies the plan to meet changing client and family needs; keeps appropriate client care records; follows up on care until client's care plan objectives are met; documents client care in the client's record.

Provides technical assistance on nutrition and dietetics to health department staff and staff of local health care facilities, community health and human service agencies; evaluates consultation provided to determine its effectiveness in accomplishing objectives.

Adapts nutrition assessment and nutrition education material updates for use with staff, clients, and the public.

**MINIMUM KNOWLEDGE, ABILITIES, AND SKILLS**

Knowledge of the theories, principles, and practices of dietetics, nutrition and public health including health care ethics, case management, care coordination, and consultation.

Knowledge of the principles of education including human behavior, and behavior modification techniques.

Knowledge of the organization of community health services, food assistance, and nutrition education resources.

Ability to communicate effectively.

Skill in counseling including interviewing, problem diagnosis, and evaluation.

Skill in documenting nutrition assessment and care plan, and in conducting appropriate follow-up.

Skill in working with an interdisciplinary health care team.

Skill in the safe operation of a motor vehicle.

**MINIMUM EXPERIENCE AND TRAINING**

- A) Graduation from a recognized college or university with a Master's degree in Public Health Nutrition, Human Nutrition or other nutrition field; or
- B) One year of professional public health, community, or clinical nutrition work and graduation from a recognized college or university with a Bachelor's degree in Public Health Nutrition, Human Nutrition or other nutrition field, including current certification as a Registered Dietitian with the Commission on Dietetic Registration.

**NECESSARY SPECIAL QUALIFICATIONS:** Must be currently licensed to practice by the Guam Board of Allied Health Examiners pursuant to Public Laws 24-329 and 25-192. Must possess a valid driver's license.

8.215

AMENDED:	July 2003		
PAY GRADE:	L		
HAY EVALUATION:	Know-how	EI2	175
	Problem Solving	D3(33%)	57
	Accountability	DC1	<u>66</u>
	TOTAL		298

This standard revises and supercedes the standard established JULY 1980 and amended NOVEMBER 1999.



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**VERNON P. PEREZ**  
Executive Director  
Civil Service Commission