

## PHYSICAL THERAPY TECHNICIAN I

NATURE OF WORK IN THIS CLASS:

This is routine technical physical therapy work.

Employees in this class perform routine sub-professional duties independently after initial training and work under closer supervision on a variety of more complex developmental assignments.

ILLUSTRATIVE EXAMPLES OF WORK: (Any one position may not include all the duties listed, nor do the examples cover all duties which may be performed.)

~~Prepares patients for therapy treatment and assists in positioning and attending to patients' needs during treatment.~~

Assists higher level technicians in carrying out various treatment procedures established by the therapist.

Observes, records and reports to therapist patient's condition, reaction and response to treatment.

Transports patients to and from the wards and therapy area.

Changes linens and cleans and maintains equipment and work area.

Observes safety precautions in the use of physical therapy equipment.

Performs related duties as required.

MINIMUM KNOWLEDGE, ABILITIES AND SKILLS:

Knowledge of basic anatomy and physiology and human growth and development.

Ability to learn and apply practical knowledge of physical therapeutic activities.

Ability to learn and apply the use and care of physical therapy equipment.

Ability to understand and follow oral and written instructions.

Ability to respond quickly and efficiently in emergency situations.

Ability to handle transportation equipment and transport patients to and from the wards and therapy area.

Ability to assist patients prepare for treatment and with various therapy exercises and equipment.

Ability to make observations of changes or reactions in patients and accuracy in reporting such observation.

Ability to exercise emotional control and conceal natural aversion for certain patient condition.

Ability to work effectively with the public and employees.

Ability to apply safe work practices on the job.

Ability to maintain records and prepare reports.

MINIMUM EXPERIENCE AND TRAINING:

(A) One year of experience as a nurse aide, public health aide, school aide or similar work and graduation from high school; or

(B) Any equivalent combination of experience and training which provides the minimum knowledge, abilities and skills.

Established: July 1980



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DAVID R. FLORES  
Executive Director,  
Civil Service Commission